

NEWSLETTER "SUMMER" 2023

Greetings from your Vice Presidents:



Hello Grovenorians,

Thanks to all of our hard-working **Board members** and the many community volunteers who sacrifice their time and energy to organize and manage the many programs that make this such a great community to live in!

On Feb 27, we hosted a **Community Conversation Meeting** at the Community Hall with Ward Councillor Andrew Knack and several

City program staff who were able to answer questions regarding such topics as the 148 Street Replacement Ravine Foot Bridge, Infill processes and bylaws plus related issues, City Budget, Valley Line LRT project, City Urban Planning process, Traffic Safety Measures for Grovenor, Street Labs project, traffic lights at crosswalks, etc.

The Community League once again held a successful planting event at the **Grow Forward Community Garden** on May 20 at Grovenor Park. Thanks to all of the community volunteers who helped make this event such a great success, especially Kathy Hewitt for many hours of hard work in coordinating the event. Besides the article and pictures in this newsletter, regular updates on the community garden are



planned to be provided in our social media in future.

Thanks to Kersh Naidoo for coordinating another successful **Big Bin event** for Grovenor on May 6. We filled two bins to help keep our community clean. Also, a big thank you to all of the volunteers who helped the many Grovenor residents who participated and in helping to keep Grovenor clean!

Our board also continues to financially support the **Grovenor School Nutrition Program** throughout the year. We recently presented principal Charlene Roberge with another \$1,000 cheque for this worthy cause.

The Community of Grovenor began way back in 1907 when a solitary home was built on the north bank of the McKinnon Ravine. A colourful and storied history notwithstanding, it was not incorporated as a Community League until 1952. We are a quiet, family friendly neighbourhood with beautiful, tree lined boulevards. The community includes an award-winning school and an active community league. It is bordered by the beautiful McKinnon Ravine and the North Saskatchewan River trail system.

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Grovenor on Social Media

www.grovenor.ca



www.facebook.com/ GrovenorCommunityLeague



@GrovenorYEG
(#Grovenor)

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Other program activities committed to by our board in the near term include the Greenshack program, Joint Summer Playground program, support for summer camps in June and July for youth soccer with the Edmonton West Zone soccer Association, two new murals to be painted by local artist Ryan Weisser amongst many other planned activities. Also please review the Fallfest advertisement in this newsletter.

Please take advantage of **free swimming every Sunday from 4 – 6 pm at the Jasper Place** pool by presenting your Grovenor Community League membership pass. Community League memberships can be purchased online at the EFCL website.

If you are interested in a role with the board, volunteering or just wish to listen in, our **Board of Directors' meetings** are held virtually on the first Tuesday of every month from 7:00 to 9:00 pm. We encourage you to attend any of these virtual meetings so that you can see and experience your community in action. Please refer to our website for access details. Please also consider volunteering for a **board vacancy** as outlined in this newsletter. Enjoy your summer!

Yours, sincerely,

Gerry O'Donnell and Kersh Naidoo



Get Wet!

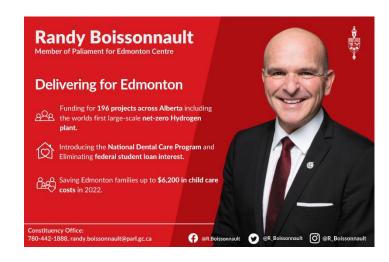
Grovenor Community League Swimming!

Every Sunday 4-6 PM at the Jasper Place Pool (9200 – 163 Street NW). Get in free with your Grovenor community league membership!

Any questions?

Check our website at

www.grovenor.ca or email sports@grovenor.ca.





"Summertime,
And the livin's easy.
Fish are jumpin',
And the ____ __ "

Visit yoyoga.ca to learn more about Baby+Mom Yoga, Toddler Yoga and Kids Camps

GROVENOR FALL FEST

SATURDAY SEPTEMBER 16, 2023 4:00pm – 9:00pm

Fall Fest 2023 will be bringing back the food trucks, music, beer/wine gardens (18+), games, and other fun stuff for us to enjoy at the Grovenor Park. Come on by, catch up with friends and neighbours, meet new friends and neighbours while partaking in celebrating the Community of Grovenor and Community League Day in Edmonton!

This event won't happen without the help of volunteers. Please consider supporting this event and reach out to any one of the Community League Board Members to discuss how you can help make this event a success. If you would like to volunteer for this event, sign up at:

https://www.signupgenius.com/go/4090C4AADA72DA2FA7-grovenor2

At this time, the Community League would also like to convey that we are **seeking donations for door prizes** for our event from local businesses and residents. If you are interested in contributing, please

email Kersh at vicepresident_2@grovenor.ca. All donations/prizes will be recognized at the event, in our newsletter and on our website.

This is an outdoor event, seating is limited and please come prepared for the weather!

Event may be cancelled in the event of inclement weather at the sole discretion of the Grovenor Community League.



Lucia Watering Grow Grovenor's Gardens

GROVENOR COMMUNITY LEAGUE BOARD

EXECUTIVE COMMITTEE

PRESIDENT: Vacant President@grovenor.ca
VICE-PRESIDENT: Gerry O'Donnell Vicepresident 1@grovenor.ca
VICE-PRESIDENT: Kersh Naidoo Vicepresident 2@grovenor.ca
SECRETARY: Andrew McDaniel secretary@grovenor.ca
TREASURER: Alex Harcott treasurer@grovenor.ca

DIRECTORS

MEMBERSHIP: Michelle Kawulka membership@grovenor.ca **SPORTS**: Keaton Seaby sports@grovenor.ca FACILITIES: vacant facilities@grovenor.ca RINK/REC CTR: Kyle Greer rink@grovenor.ca **CIVICS**: Piotr Kijak civics@grovenor.ca **SOCIAL**: Madelen social@grovenor.ca **NEWSLETTER:** Bill Melenberg newsletter@grovenor.ca **PROGRAMS:** Cassidy Cooper programs@grovenor.ca **NEIGHBOURHOOD WATCH:** Jaclyn Briscoe

COORDINATORS

nwatch@grovenor.ca

CASINO: Heather Bolli
SOCIAL MEDIA: Madelen Ortega
GROW FORWARD: Kathy Hewitt
WEBSITE: Hugh O'Neill
admin@grovenor.ca

MEMBERS AT LARGE:

Vince Bowen * Alex Labarda * Allan Bly*

NEIGHBOURHOOD RESOURCE COORDINATOR (City):

Darrell.Nordell@edmonton.ca

Volunteers Required to Fill Vacancies for 2023

We are still looking for volunteers to fill a few remaining board vacancies in 2023 as follows:

President
Facilities Director
Communications Director
Social Director
Directors at Large

Details on the duties related to most of these positions can be found on this website <u>www.grovenor.ca</u> under "Governance" – "About the Board"

If you are interested in volunteering for any of these positions, please contact either **Gerry O'Donnell** at <u>vicepresident 1@grovenor.ca</u>, or **Kersh Naidoo** at <u>vicepresident 2@grovenor.ca</u> with any questions.

The Board will provide any required training and ongoing support for any new board members. Thank you.



FRONT YARDS IN BLOOM

Time to uncover the gardens because Front Yards in Bloom has started again for the 2023 year! For over 20 years, this program has been encouraging Edmontonians to beautify their yards and communities in partnership with the City of Edmonton, Edmonton Horticultural Society, Canadian Union of Postal Workers, and many other groups and individuals. You can get involved by caring for your own gardens, nominating others' yards, and by signing up to volunteer. Many hands are needed to ensure the hard work of Edmontonians is recognized and you can help us by visiting frontyardsinbloom.ca to volunteer and nominate, until July 4.

Madelen, Social Coordinator



Hello Grovenor Community!

As we approach the end of this school year, we are excitedly planning for year end events as well as looking forward to all the possibilities for the fall. What a wonderful time to be a part of school life!

Events and Information:

- Grovenor School will be hosting a mini Pow Wow on June 14th from 12 3pm. All community members are invited! Location: Grovenor Community Hall in the Rink area.
- No school for students June 21
- Skip the Depot Fundraiser continues. To participate:
 - 1. Download the app and book a pickup using https://app.skipthedepot.com/grovenorschool
 - 2. Place your bags outside
 - 3. Receive a refund or donate to us!
- Grovenor School recently installed external video surveillance cameras to help keep our school and community safe. Using video monitoring outside our building can help:
 - support the safety measures already in place for student and staff safety
 - prevent minor crimes and mischief like school property damage and theft
 - · identify intruders and people suspected of breaking the law

When an incident happens and an investigation is required, the recordings are reviewed by the school principal, staff from Division Security Services, and if necessary the Edmonton Police Service. Let's continue to look out for one another to help keep our school community and neighbourhood safe.

Thank you to everyone for your support in helping students reach their potential as learners and citizens in this wonderful learning community. We wish you a healthy and happy summer!

Yours in partnership, **Ms. Roberge**

PS

June 2023

Community League Bike Challenge

Our League-wide Challenge is Back!!

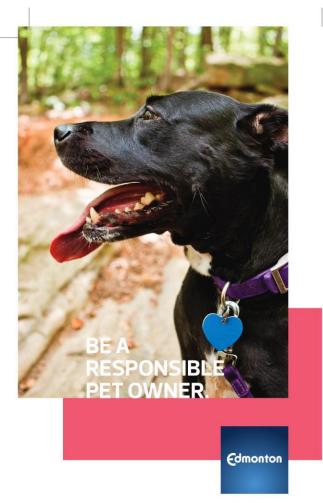
Record your progress between June 1-30, 2023 KIDS COUNT TOO!!

Join Our League's STRAVA CLUB:

"GROVENOR GRINDERS" (and it is recorded automatically) or Email you weekly totals (or, for more info and/or questions) to our coordinator Michael McAnally

wiplogistics23@gmail.com

We came in 5th place last year with 8210 kilometers by 37 riders, narrowly missing out for 3rd place to Hazeldean and Lendrum. Let's up these numbers this year!



LICENSE YOUR PET

In Edmonton, dogs and cats six months and older must have an up-to-date licence. This ensures the City can reach you if your pet is found. A licence provides your pet with one free ride home each year and free emergency veterinary care if it is found injured.

Licences are affordable and can be obtained and renewed by mail, in person or at **eservices.edmonton.ca**.

Licence fees pay for food, shelter, medical care and enrichment for approximately 6,000 lost and stray animals each year at the City's Animal Care & Control Centre. Fees also support responsible pet ownership education and enforcement.

SPAY OR NEUTER YOUR PET

Fixing your pet reduces the city's feral animal populations and helps your pet stay happy and healthy. Spaying or neutering also curbs the animal's urge to roam, inhibits aggression and saves you money through lower pet licence fees.

USE A LEASH

Your pets are safest at the end of a leash. While on public property, your pet must be kept on a leash no longer than two metres. Prevent your pet from roaming out of the yard by securing your property with a fence.



Dogs are prohibited at all times from school grounds, sport fields, playgrounds and golf courses. Enjoy the benefits of walking your dog at one of Edmonton's 40 off-leash parks!

CONTROL BARKING

Responsible pet owners resolve barking concerns quickly. Dogs bark when they are bored, lonely and when they want to alert their owners. Provide training, exercise and attention to ensure your dog is being a good neighbour.

SCOOP THE POOP

Animal feces is smelly and can be a health hazard. It can also attract unwelcome wildlife, such as coyotes, into your yard.



Always carry bags with you on walks so you can pick up and dispose of your pet's waste. The fine for not picking up and excessive defecation on private property is \$100.

For more information on responsible pet ownership, visit **edmonton.ca/pets**.

edmonton.ca/bylaws

2016

A fond farewell to **Bryan and Carmen Los**, long-time residents of the Grovenor Community. They were involved in many community-minded activities including the League Board, volunteer activities and newsletter carriers. We are certain that they will enliven and brighten their new Community. Best wishes!







BRAUN

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Jazzercise is the original dance party workout.

Our program fuses dance cardio and strength training into one heart-pounding sweat session.

Grovenor residents
Try I week free

Mondays, Wednesdays & Fridays at 9:30 am

Grovenor Community Hall (14325-104 Ave) or Live-stream

Mondays & Wednesdays at 7:30 pm

For more info call 780-970-3650 or email jazzercise.christine@gmail.com facebook.com/JazzerciseEdmontonGrovenorCommunityHall

www.jazzercise.com

Delivery and Take-Out **780-757-3939**



GLENORA FOOD MART & POSTAL OUTLET

14035-105 AVE. (Corner 142 St/105Ave) Edmonton, Alberta T5N 0Z1 Ph: 780-454-5793 Fax:780-451-5754

Canada Post ™ Outlet / MoneyGram /

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Mon-Thu: 9 AM-10 PM; Fri & Sat: 9 AM-11 PM; Sun: 9 AM-10 PM "Serving & Supporting the Grovenor Community"



!! BRING IN THIS COUPON FOR 10% OFF ORDERS OF \$30+ WITH PICK-UP !!



BICYCLE SAFETY

With nicer weather comes an increase in bicycle traffic. Keep yourself and your family safe this summer with regular bike tune-ups and brake checks. If riding at night, use a headlamp, a red tail lamp and one red reflector mounted on the rear of your bicycle. Adding a bell to your bike is also recommended especially when riding on shared pathways and bike paths. When operating a motor vehicle make sure you keep an eye out for increased bicycle and

pedestrian traffic on the roads.

Did you know that **helmets** have an expiration date and lose strength over time? If you notice your helmet shows obvious signs of wear and tear or is more than three years old, it is recommended you replace it.

Help keep your bike safe by using a **high-quality U-lock** and **registering it on bikeindex.org. Bike Index is a free service** that the Edmonton Police use to locate and return stolen bicycles to their rightful owners.

Let's keep our neighbourhood safe and look out for one another this summer!

Jaclyn, Grovenor Neighbourhood Watch Director nwatch@grovenor.ca

Grow Forward Grovenor 2023

The Grovenor Community Garden was prepped for planting by Gerry O'Donnell. I sent a special thanks to him for making the soil perfect for the many seeds and seedlings that were planted. We were able to purchase all the necessary gardening materials for the Community Garden from **Apache Seed and Home Depot** and received excellent discounted prices from these two community friendly vendors for our seeds,

I am so thankful for the gardening team of **Gerry and Cathy O'Donnell**, **Simran Bhatia**, **Madelen Ortega**, **Lucia Rivera and Henry Wood** for coming out to plant with the skies full of smoke. The team did a great job and the boxes look fantastic. The paths between the boxes have been weeded and new mulch added.

The class of **Grovenor School grade 4 students** planted two boxes and the plants are already coming up. Thank you to **Kerry Donahue** for organizing this class and getting the students excited about planting a garden to use for teaching students about gardening and actually plant the seeds. Thanks to **Kyle Greer for installing the new "Video Surveillance Signs"**. We encourage everyone to drop by the garden; your help is always needed.



I welcome any suggestions, and anyone wanting to get in touch, my email is growforward@grovenor.ca.

I hope to see you at the garden!

Kathy Hewitt, Grow Forward Grovenor Coordinator





Grovenor Businesses and Services

HEALTH & WELLNESS

-Massage: Leanne Konkin Member MTAA/ By Appt Only 10330 - 144 Street * 780.903.9633 www.leannekonkin.ca

-Jazzercise: Christine Worthing 780-970-3650
Jazzercise.christine@gmail.com

-Soul Strength Yoga & Fitness Personal & Small Group 14528-Stony Plain Rd. Info@soulstrength.ca Melany James

-Mindfulness/Emotional Literacy Programs & Training

www.consciouslivingsolutions.com Lise Villeneuve

-Lactation Consultant and Postpartum Care

Megan Schafers, RN, IBCLC www.meganschafers-lc.com 20% off Home Visits for Grovenor

-Craniosacral Therapy -Massage & Somatic Movement Manuela Hofer 780-270-4265 SomaticIntelligence.ca

CHURCHES

-St. Paul's Anglican Church 145 St. & Stony Plain Road 780.455.0771 stpauls-anglican.ca Services: Sunday @ 10 AM

DESIGN/CONSTRUCTION

-GDecko

Decks/Fences/Railings/Gazebo/Pe rgolas/Planters/Gates 780-680-2327 gdecko@gmail.com

-TreeLink Arboriculture Ltd.

Tree Planting | Tree Pruning | Site and Soil Analysis 780.238.5650 /alex@treelink.ca/ www.treelink.ca

KIDS' PROGRAMS
-Little Angels Day Care

@ St Paul's Anglican Church

780.465.6520

Mom & Baby / Lil' Yogis / Kids yoyoga.ca 587.599.8287

-Yo Yoga: Yoga4Young Ones

-Tutoring: Orton-Gillingham based Reading and Spelling Instruction.

More info, visit:

www.edmontondyslexiatutor.com

MUSIC

-Piano Lessons: Sandra Marcus 10639-145 Street creativekeys99@gmail.com 780-271-9904 simplymusicpiano.com

PET SITTING

-Emma's Pet Care 780.238.4115

REAL ESTATE

-Keith Hare – Century 21 EVOLVE (see ad pg. 12) 780.718.9474 / 780.455.0777 www.kharehomes.com

FINANCE / ORGANIZE

-Christopher Long
RBC Mortgage Specialist
780-292-4316
Christopher.Long@rbc.com

-Harmony Organization Home & Office organization heather@harmonyorganization.ca 780-238-4764 www.harmonyorganization.com

Advertise in the GROVENOR NEWSLETTER

FREE BUSINESS SERVICE

OR BABY SITTER LISTING Includes: Name, address & contact information, Up to 2 lines of business description

1/4 Page Ad \$60

VERTICAL 4.75 in (h) X 3.5 in (w) HORIZONTAL

1/8 Page Ad \$30 3.5 in (h) X 4.75 in (w)

HORIZONTAL 2.25 in (h) X 3.5 in (w) VERTICAL 3.5 in (h) X 2.25 in (w)

Advertise on the Grovenor website for \$10/month or \$100/year.

Community Baby-Sitters

Abby: 780.660.5043 Sydney: 780.977.3976 Morgan: 780.977.5832 Peyton: 587-338-7228 Soraya: 587.501.6763 Valerie: 825.440.6249

- * Must 12 years of age or older.
- *A baby sitting course is an asset and is required by some parents. Obtain your parent's/guardian's consent to have your name listed.
- *Grovenor Community League, Grovenor Newsletter nor any representative thereof will be held responsible for verifying baby sitter qualifications or responsibilities.

Your Pet, Your Responsibility

Did you know that pets are **not** allowed, on or off-leash, within **10 meters of playgrounds**, splash parks or on school grounds or sports fields and outdoor rinks?

Did you know that dogs are **not** allowed to be off-leash, unless they are on your property or in a designated off-leash area?



If they poop, you scoop and dispose in public garbage containers or your garbage container at home.

Please help ensure our public spaces are enjoyed by everyone.

The fine for violating Bylaw 2202 is \$100.

ONLY guide and service dogs are allowed everywhere including school grounds, City of Edmonton facilities, and on transit, and are regulated by the Alberta's Service Dogs Act and Blind Person's Rights Act.

For more information visit edmonton.ca/petsinthecity.

Grovenor Community League Membership Application

Adult 1: _____ Adult 2: ____ Address: Email: Phone: Children/Dependents: _____ Age: _____ _____ Age: ____

Thank you for becoming a registered member of Grovenor Community! We would like to encourage you to become involved and share your skills.

- ☐ Check if you would like to receive Grovenor Community emails **Benefits Include:**
- Reduced rates on hall rentals
 Skating/hockey on great outdoor ice
 Community social event & program discounts • CL members are entitled to up to a 20 % discount on admission passes or memberships at City of Edmonton Sports and Fitness facilities as part of the Community League Wellness Program • Sports Programs *NEW* Sunday Swim 4-6 PM @ JP Pool

- Family (children up to 17 yrs): \$25 Couple: \$25
 - Adult (18-64): \$15 Senior (65+): \$5 Senior Couple (65+): \$10

Type of Membership

Number of Tags _____ Cheques Payable to: Grovenor Community League 14325 104 Ave Edmonton, AB T5N 0W9

> Membership Contact: Michelle Kawulka membership@grovenor.ca

CENTURY 21.

Evolve

KEITH HARE

D 780.718.9474 0 780.455.0777 F 780.453.6060

keith hare@hotmail.com

130, 14315 - 118 Ave NW Edmonton, Alberta T5L 4S6

keith-hare.c21.ca www.kharehomes.com





