



THE COMMUNITY OF Grovenor

NEWSLETTER "SUMMER" 2020



Hello Grovenor!

We hope that everyone is staying healthy and enjoying the warmer weather to the extent possible considering the social distancing measures in place, as advocated by the provincial government and city of Edmonton. The Grovenor Community League has tried to act responsibly in following all required guidelines or advice

issued by governments at the local, provincial and federal levels. We have also posted appropriate messaging in a timely manner on our social media, web-site and community hall sign.

Unfortunately this has resulted in the temporary postponement or outright cancellation of many programs and events for safety reasons. These include our annual **Spring Clean-up/Big Bin Event, Joint Summer Program, Greenshack Program**, etc. We were also required to temporarily close all our facilities at Grovenor Park, including the rec centre, community hall, playground, etc. The city has recently approved the re-opening of the **playground** and **skateboard park**.

We will certainly try our best to host any events that are feasible in the future this year, but this will be totally dependent on the government's pandemic safety guidelines, which are being continuously updated in a phased approach, based on their analysis of statistical data and related health risks.

Thanks to Brian Los for maintaining our **Community Grow Forward** garden to the extent feasible this spring. This year Due to social distancing rules, we have temporarily changed the concept to allow for several of the planter boxes to be maintained by individual families, while still maintaining a few of the boxes as community produce. Keep your eyes open for some nice veggies that anyone is free to pick from the designated community boxes. Also check out the impressive newly constructed planter boxes built by **Wally Litwinow** from Grovenor and paid for from our Casino account. Many thanks Wally!

The Community of Grovenor began way back in 1907 when a solitary home was built on the north bank of the McKinnon Ravine. A colourful and storied history notwithstanding, it was not incorporated as a Community League until 1952. We are a quiet, family friendly neighbourhood with beautiful, tree lined boulevards. The community includes an award-winning school and an active community league. It is bordered by the beautiful McKinnon Ravine and the North Saskatchewan River trail system.

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Grovenor on Social Media

www.grovenor.ca



[www.facebook.com/
GrovenorCommunityLeague](https://www.facebook.com/GrovenorCommunityLeague)



@GrovenorYEG
#Grovenor

...Continued from page 1

Thanks to Cameron Worthing, **Neighbourhood Watch** Director together with the hard-working subcommittee tasked with building up a renewed program in Grovenor. We hope to develop several initiatives in Grovenor related to this program during 2020 and future years.

Normally our **Board of Directors' meetings** are held on the first Tuesday of every month from 7:00 to 9:00 pm at the Community League Hall and open to the public, but these have been temporarily switched to virtual skype meetings until further notice. After the social distancing requirements of the Alberta government have been revised to allow for our board meetings to commence again at the hall, we will advise accordingly.

Despite the trying circumstances, we hope that everyone stays well, stays safe and enjoys their summer!

Yours sincerely,
Gerry O'Donnell and Kersh Naidoo



FEES INCLUDE
Snacks & field trips
No parent roster

First Discoveries
PRESCHOOL

Inclusive preschool program for 3 to 5 year olds

Supporting families since 1981

14323 107A AVE
firstdiscoveriespreschool.com



Sarah Hoffman
MLA, Edmonton-Glenora

Edmonton.Glenora@assembly.ab.ca

201,12408 108 AVE,
Edmonton AB T5M 0H3
780.455.7979

Our constituency team is here to help residents with provincial government departments, programs, and services.

Favoloso
ITALIAN CAFÉ & PIZZERIA

Like an Italian Family we Love to Gather Together
Enjoy These Pizzas Deals as a way for us to help you!

- A: 20 Pizzas For \$250.00 (Take out only)
- B: 25 Pizzas For \$300.00 (two toppings)
- C: 34 Pizzas For \$400.00

- (A): Valid 12 weeks from purchase date (You save \$99.80)
- (B): Valid 13 weeks from purchase date (you save \$137.25)
- (C): Valid 17 Weeks from purchase date (you save \$194.66)

The purchase of these packages starts June through July 31st

**Favoloso Pizzeria 13240-118 Ave NW Edmonton
Phone 780 454 6329**

On February 28th at the corner of 104 Avenue and 148 Street I **found** a gym bag full of **fishing gear**. It looked like these items have been around for awhile and are expensive. I took them to the West End Police Station on 100 Ave/166 St. Can you publish this? Someone must have had it stolen. Thank you. Taffy.



Salty Dog
Yard Care & Home Repair

JAMES WAGNER
780-289-6169 | jwagner7@telus.net



The Nosy Neighbour

I asked Grovenor residents for their personal favorites. Here are some thoughts from our fine community.

"Produce from Steve and Dan's Online Market!" - Justine
steveanddansonlinemarket.ca

"The family spesh from Little Village! Generous servings and a crowd pleaser for kids and adults." - Erin
Little Village:14816 Stony Plain Road

"Bliss Baked Goods has THE best donuts in town!"
- Diana
Bliss Baked Goods: 10710 – 142 Street

"We look forward to our weekly takeout lunch from Café Rista. The food is always great from this neighborhood gem!" - Vivian
Café Rista: 14213 – 103 Ave

Grovenor COMMUNITY LEAGUE BOARD

EXECUTIVE COMMITTEE

PRESIDENT: Vacant
 president@grovenor.ca
VICE-PRESIDENT: Gerry O'Donnell
 gerryodonnell@gmail.com
VICE-PRESIDENT: Kersh Naidoo
 kershran@gmail.com
SECRETARY: Mariette Seed
TREASURER: Antoni Kowalczewski
 treasurer@grovenor.ca

DIRECTORS

MEMBERSHIP: Brian Los
 membership@grovenor.ca
SPORTS: Rosa Ficko
 sports@grovenor.ca

FACILITIES: Kyle Greer

CIVICS: Jeff Havixbeck

SOCIAL: Grace Salvo

NEWSLETTER: Bill Melenberg
 newsletter@grovenor.ca

PROGRAM DIRECTOR:
 Heather Bolli
 hbolli@shaw.ca

NEIGHBOURHOOD WATCH:
 Cameron Worthing
 nwatch@grovenor.ca

SOCIAL MEDIA COORDINATOR:
 Amelia Carruthers

CONNECT: Vince Bowen
 connect@grovenor.ca

GROW FORWARD GROVENOR:
 Brian Los
 membership@grovenor.ca

**COMMUNITY RECREATION COORDINATOR
(City):**
 Cameron.Nattress@edmonton.ca

WEBSITE COORDINATOR:
 Allan Bly
 AllanBly@gmail.com

MEMBERS AT LARGE:
 Vince Bowen * Peggy Ward* Alex Labarda*
 Jenn Carter* Bernard Llanos* Allan Bly

Neighbourhood Watch Update

As some of you may be aware our Neighbourhood Watch Committee has met a few times over the past few months. At this time we are struggling with the limitations placed on all of us by COVID-19, but that hasn't stopped us from meeting virtually to plan activities and a path forward for our Community. The June Newsletter provides us with the **opportunity to engage all of you** in that planning and to update you on what we have been doing thus far!

Initially we hope to **add a Neighbourhood Watch section to the Grovenor Community League Website**, providing a location for the posting of information, activities, and initiatives that are underway. Check back to the website soon to see this update!

We have also initiated a Community Sign program to allow us to **obtain more Neighbourhood Watch signs** for our Neighbourhood. Those of you who are observant will likely have noticed a few permanent signs fastened to street lights, and sign posts over the past years. We hope to upgrade and add to those signs in the coming months. The signage campaign requires the signature of 25 households for each sign. Just prior to the COVID-19 restrictions we initiated our first petition for signs. **If you would like to add your signature to our petition, while we wait for COVID-19 restrictions to ease, please contact nwatch@grovenor.ca, and we will arrange for a "physical distanced" signing opportunity!**

One of our members has liaised with our local Edmonton Police Service (EPS) department and is working with a member of the West Division detachment to ensure that Grovenor is being served adequately by the EPS. On that note, it is critical to ensure that **anytime you experience a crime you report it!** Reporting crimes, even if they are minor, is key to allowing the EPS to adequately staff our area and arrange for both active and/or inactive attendance in our community.

Lastly, our group has had a number of discussions around our purpose and mission in the ongoing development of the Neighbourhood Watch Program in Grovenor. Although this remains an ongoing discussion, we can safely say that **we want to focus on being active, attentive, and caring neighbours**. When you are out in the community take the time to meet your neighbours, keep an eye out for and report any suspicious activity, and encourage your friends and neighbours to do the same. Together we can be active neighbours that help our community grow and remain a safe place for our families.

If you have any questions, or would like to get involved with Neighbourhood Watch please email nwatch@grovenor.ca Stay Safe!

Cameron Worthing, Neighbourhood Watch Director



2019

SO SAD ... PLEASE COME BACK ... SOON



2020



Your Community Orthodontist

Start with only \$500 down - Direct Billing of Insurance

780-756-7600 | Stony Plain Road & 150st

SimplyOrtho.ca



Grovenor School

Together we DO make a difference



Bringing smiles to life

St. Vincent Catholic Elementary School

We are located in Edmonton's Glenora neighbourhood (138 St/106 Ave). This is the **designated Catholic school to the Grovenor community** and we are looking for new students. Our community school offers half day Kindergarten and instruction in Grades 1-6. St. Vincent, our patron saint inspires us to be active learners, celebrate diversity and to be the best version of ourselves that we can be. We strive to ensure a happy and safe environment for our students for the successful pursuit of education and growth of the whole person. Yellow bus service is available for students who reside in our catchment area, and there is access to childcare centres that service our school. We invite you to contact the school for registration information at **780.452.4474**, or to visit us at **stvincent.ecsd.net** to register online. Thank you!

Hello Grovenor families,

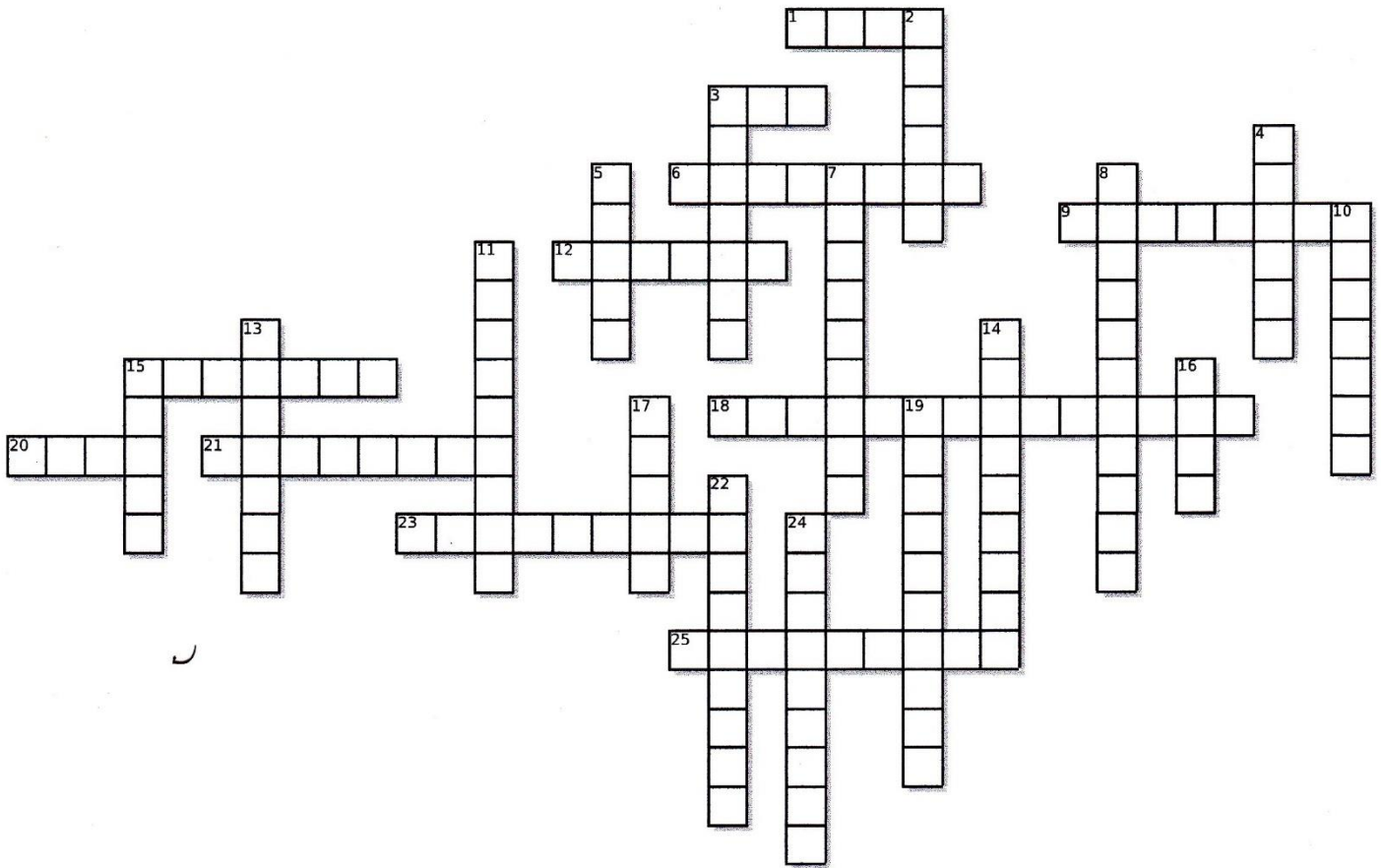
I wanted to let you all know that starting this September, I will be moving to a principal position at Westmount Jr High School. I am so grateful for this community and what you've all given me over the last 4 years; your kindness, your trust and ultimately your kids have been a gift that I will hold dear for many years to come.

I would like to introduce **Ms. Charlene Roberge** to you all, as **the incoming principal for Grovenor School**. She has worked for Edmonton Public Schools for nineteen years, having been fortunate to work in several schools within the Division, supporting grades K-6. She held a principalship at Innisfree School for Buffalo Trail Public Schools from 2007-2009 which led her to pursue consulting upon her return to the Division. She was hired on with the department of Inclusive Learning as an Educational Behaviour and Programming Consultant in 2013. This role allowed her to provide teacher support through classroom consultation, to support student needs based on school referral and to offer professional learning opportunities to staff throughout the Division. I know she looks forward to being a part of the Grovenor team.



Thank you for all you do to make Grovenor a great community and a wonderful place to be!
~Mrs. (Cori) Fraser

Grovenor Community Crossword



ACROSS

- 1 These insects can enjoy the new hotel in our community garden.
- 3 The number of planters in the community garden.
- 6 Community members are encouraged to attend our annual AGM occurring in this month.
- 9 Our favorite Edmonton neighborhood.
- 12 In 2019, the first of these events (using bikes) was run in Grovenor.
- 15 A popular Grovenor winter activity.
- 18 This main artery divides the north and south parts of our community.
- 20 The acronym of the parent organization for Edmonton community leagues.
- 21 A popular Grovenor annual event.
- 23 League meetings are lead by this role.
- 25 The original community name that Grovenor was known as.

DOWN

- 2 On most spring nights, the community fields are busy with this activity.
- 3 Grovenor Community League meetings occur on

the first of this day every month.

- 4 The provincial government built one of these in the middle of Grovenor during the 50's.
- 5 A common sidewalk decoration in the spring of 2020.
- 7 This ravine provides access to walking and biking trails.
- 8 The moniker given to the community garden team.
- 10 Early maps of Grovenor show this on our north border.
- 11 No community event would be possible without people who do this for our community.
- 13 One of several churches within Grovenor's boundaries.
- 14 This longtime resident of Grovenor donated her estate to the Edmonton Human Society.
- 15 This type of panel can be found installed on the roof of our rec centre.
- 16 A community birthday party venue.
- 17 These boulevard features are one of Grovenor's greatest gems.
- 19 This popular gathering place for kids was replaced in 2016 thanks to the hard work of volunteers.
- 22 Route 5 was the Grovenor route for this mode of transportation.
- 24 Grovenor School was built in 19__ (spelled out).

Answer Key on Page 9 😊

Where is your next travel destination? Las Kitchenas, Los Lounges, Santa Bedrooms, Porto Gardenas, Los Bed, Costa del Balconia, St. Bathroom, Rotunda De Sofa.... 😊



Caring for Seniors

Many seniors are at a higher risk for COVID-19. Here are some tips to increase the health and safety of your elderly relatives.

- Research pharmacies / grocery stores for seniors only shopping hours
- Research pharmacies / grocery stores that offer delivery services
- Have a family member pick up & drop off medications / groceries
- If you are unable to visit your elderly relative, a pre-arranged phone or video call at the same time each day can also be used as a safety check
- Sync up with your elderly relatives:
 - ⇒ Eat dinner together over a video call
 - ⇒ Link up Netflix and virtually watch a movie together
 - ⇒ Read to a senior over the phone, or ask a grandparent to read a bedtime story to the kids
 - ⇒ Put the phone on speaker and have a musical family member put on a personal concert
 - ⇒ Audio workout: do some light exercises with your senior relative over the phone or video call



Need something to do?

Play an online board game with friends @ <https://tabletopia.com/>

Try a free online university course @ <https://www.mooc-list.com/countries/canada>

Go on a trip that's out of this world @ <https://accessmars.withgoogle.com/>

Visit the Vancouver Aquarium and watch 4 live cams of their cutest critters @ <https://www.vanaqua.org/>

Have a backyard picnic and try some great summer recipes @ <https://www.foodnetwork.ca/everyday-cooking/photos/popular-picnic-recipes/>

Live-stream a concert this weekend @ <https://www.todocanada.ca/live-music-concerts-live-streamed-this-weekend/>

Join a virtual paint night @ <https://www.yaymaker.com/virtual/experience/101/>

Listen to Harry Potter read you Harry Potter @ <https://www.wizardingworld.com/chapters/reading-the-boy-who-lived>

HAVE A SAFE AND ENJOYABLE SUMMER, GROVENOR!

PROTECTING YOUR HOME AND PROPERTY

As you may know, the Edmonton Police Service (**EPS**) offers individuals the opportunity to view crime stats for individual communities online.

These can be found at: <https://crimemapping.edmontonpolice.ca/>.

Currently the statistics show that the vast number of reported crimes in our Community fall into two categories. Theft from Vehicles, and Break and Enter. Further the statistics indicate that many of the break and enter events are related to private garages, with a few very recent events related to houses.

Here are a few things we can do to make our families, community, homes, garages, and possessions safer in their current state.

- **Ensure** that doors and windows are kept locked, and garage doors are down. (Keep your doors locked, even when you are home!).
- **Eliminate** dark spots in your yard, trim shrubs and/or add lighting. Avoid providing a location for concealment within your yard.
- **Install** an anti-lift device on your garage door.
- If your garage door has an electric opener you can **unplug**, or turn off the opener when it is not in use. This is an especially good idea if you go away for a few days.
- **Cover** garage windows; eliminate the temptation that comes from visible targets.
- **Never** Leave your Garage Door Opener in your vehicle, further remove all valuables from vehicles.
- Use **motion sensor** lighting to keep dark spots illuminated
- **Know your neighbours**, ask them to keep an eye out for suspicious activity and report it if they see it.



MOST IMPORTANTLY!! Report suspicious activity and any crime that occurs.

This allows the EPS to prioritize areas and ensure that when possible a police presence is shown and available in our community. When reporting, endeavor to provide details that will assist the police in their investigation:

- Vehicle descriptions
- License plate numbers
- Clothing descriptions
- Gender, height, and approximate weight of individuals
- Other distinguishing characteristics and/or markings

As Community Residents we are all responsible to watch out for -- and look after-- each other. Please practice "**Active Neighbouring**". Be alert to what is going on around you, who your neighbours are, and when suspicious activity may be taking place.

Your Neighbourhood Watch Committee

Delivery and Take-Out
****780-757-3939****



GLENORA FOOD MART & POSTAL OUTLET

14035-105 AVE. (Corner 142 St/105Ave)

Edmonton, Alberta T5N 0Z1

Ph: 780-454-5793 Fax:780-451-5754

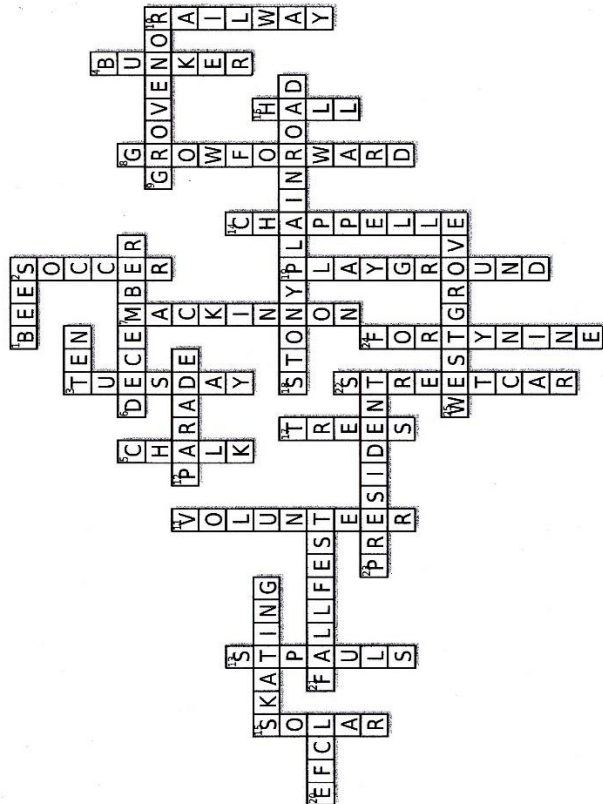
Canada Post™ Outlet / MoneyGram / Collectable
 Coins & Postage / Packaging Supplies / Fax &
 Photocopying Services / Greeting Cards / ATM
 Machine / Snack Foods / Groceries / Ice /
 Cappuccino/Coffee/Hot Chocolate / **ETS Bus Passes
 & Tickets** /Key Cutting / ***New*** Grocery Delivery!
 \$3.50 charge

Mon-Thu: 9 AM–10 PM; Fri & Sat: 9 AM–11 PM;
 Sun: 9 AM–10 PM

"Serving & Supporting the Grovenor Community"



Grovenor Community Crossword

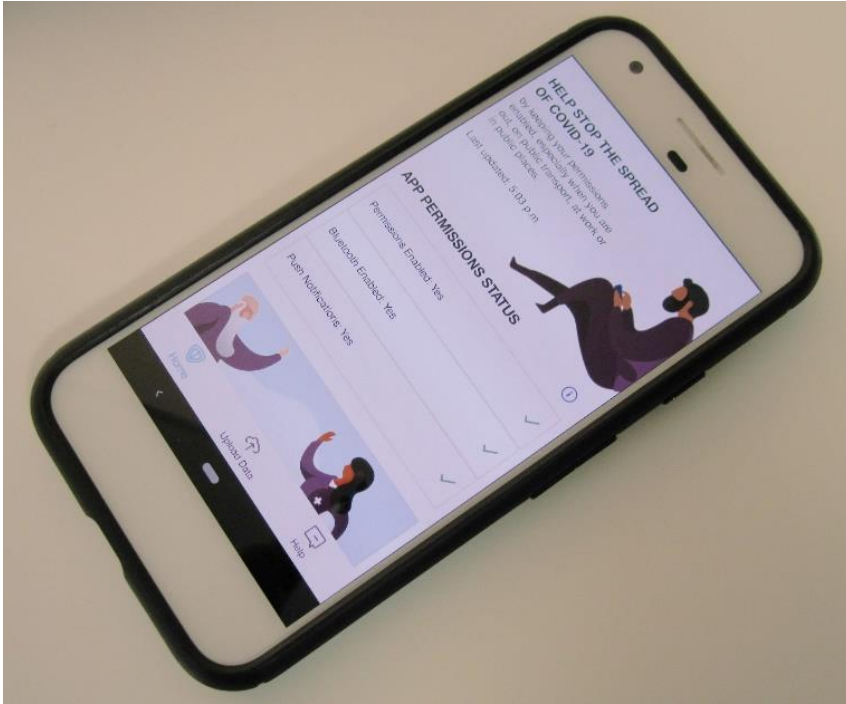


GROW FORWARD GROVENOR

We have four families that are participating in the **"Adopt of Box"** initiative to date as recommended by the City of Edmonton. We have Special signs up for safety. The rest is planted for the Community as a whole. One box is full of flowers and the others full of spuds (potatoes), one with Swiss Chard and carrots. They are marked. At least 4 will be for Community sharing and 6 for families. That number could change depending on interest. Email me membership@grovenor.ca if you are.

Happy gardening!! Brian.

ABTraceTogether



Help speed Alberta's recovery from the COVID-19 pandemic! The province has released a mobile contact tracing app called ABTraceTogether. The app can help you know if you have been close to a person who may have been exposed to the virus, so that you can take action to protect those around you. The more people who use the app, the easier it is for Alberta to control the spread of the pandemic without resorting to province-wide restrictions on businesses and gatherings of people. To learn more about the app, and about how to install it, visit: <https://www.alberta.ca/ab-trace-together.aspx>

Or find it on your iPhone or Android app Store.



If you happen to be walking, biking or driving down 142 St, you may have already seen our “**Little Free Library**” (LFL). LFL is a non-profit organization that was started in 2009 in Hudson, Wisconsin USA as a way to promote literacy, inspire a love of reading, build community and spark creativity by fostering neighbourhood book exchanges. The LFL works under the concept of “**Take a book, Share a book**”. Individuals are encouraged to borrow books, just as they would from a regular library, and in return bring their own books to place in the library for someone else to borrow.

When the pandemic hit, I thought to myself, “now is the perfect time to set up the LFL I’ve always wanted”. Having two small boys who love books, being unable to visit the public library was something we were really going to miss. My husband, a carpenter, took to building the perfect library for us. We installed it on our front lawn and registered it with the Little Free Library Organization, under Charter No.98030.

The “**MacDonald Library**” is now open for everyone to visit, leave a book, take a book, or simply to come and meet a neighbour you maybe have never met. This is our way of getting others excited about reading and provide a place with an experience everyone can get involved in! We look forward to meeting you! If you would like to learn more about the Little Free Library program, or see ours and other libraries on the world-wide map, visit littlefreelibrary.org.

Grovenor Businesses and Services

HEALTH & FITNESS

-Reflexology : Christy Bruce
Member NHPC 780.430.1680
christybruce16@gmail.com

-Massage : Leanne Konkin
Member MTAA/ By Appt Only
10330 - 144 Street *
780.903.9633
www.leannekonkin.ca
1.

-YogaMed : Marthe Murphy
Grovenor CL Hall
Tuesdays 5:30 - 7:00
780.231.623
www.bodyoflife.ca

-Jazzercise: Christine Worthing
780-970-3650
Jazzercise.christine@gmail.com

**-Soul Strength Yoga &
Fitness Inc.**
Personal & Small Group
Yoga/Fit
14528-Stony Plain Rd.
Info@soulstrength.ca
Melany James

CHURCHES

-St. Paul's Anglican Church
145 St. & Stony Plain Road
780.455.0771
stpauls-anglican.ca

-Westgrove Gospel Chapel
10374 - 147 Street
780.455.1161

DESIGN/CONSTRUCTION

-GDecko
Decks/Fences/Railings/Gazebo
/Pergolas/Planters/Gates
780-680-2327
gdecko@gmail.com

-TreeLink Arboriculture Ltd.
Tree Planting | Tree Pruning |
Site and Soil Analysis
780.238.5650 /alex@treelink.ca
www.treelink.ca

KIDS' PROGRAMS

-Little Angels Day Care
St Paul's Anglican Church
780.465.6520

-Himalayan Meditation Centre
Mindfulness class for Kids:
www.conscious-kids.ca
Lise Villeneuve

-First Discoveries Preschool
Incl Progr for 3 and 4 year olds.
AM or PM slots available.
www.firstdiscoveriespreschool.com

-Yo Yoga: Yoga4Young Ones
Mom & Baby / Lil' Yogis / Kids
Yoga
Classes at The Orange Hub
yoyoga.ca IG/Fb @yoyoga.ca
587.599.8287

MUSIC

**-Piano Lessons Sandra
Marcus**
10639-145 Street
creativekeys99@gmail.com
780-271-9904
simplymusicpiano.com
weekdays 9:30-3:00 only

PET SITTING

-PetsFirst Edmonton
Pet sitting and care services *
House sitting * 780.702.6802
petsfirstedmonton.com

-Emma's Pet Sitting
780.454.8121

REAL ESTATE

-Angie Resendes
Grovenor Real Estate Advisor
780.686.7161
www.EdmontonPropertyShop.com

**-Keith Hare - Realty
Executives**
780.455.0777(W)
780.452.1450(H)
keith_hare@hotmail.com

FINANCE / ORGANIZE

-Christopher Long
RBC Mortgage Specialist
780-292-4316
Christopher.Long@rbc.com

-Harmony Organization
Home & Office organization
heather@harmonyorganization.ca
780-238-4764
www.harmonyorganization.com

-Lawn Cutting Services.
\$20-\$25 front/back per visit,
dependent on size. Includes
cutting and trimming with gas
and equipment supplied. Call or
text Nolan at **780-288-4868**.

Community Baby-Sitters

Abby: 780.540.0324

Emma: 780.454.8121

Gabriella: 780.702.6802

Liz: 587.926.0386

Sydney : 780.977.3976

Morgan: 780.481.0708

Soraya: 587.501.6763

* Must 12 years of age or older.
*A baby sitting course is an asset and
is required by some parents. Obtain
your parent's/guardian's consent to
have your name listed.
*Grovenor Community League,
Grovenor Newsletter nor any
representative thereof will be held
responsible for verifying baby sitter
qualifications or responsibilities.

**Advertise in the
GROVENOR NEWSLETTER**

FREE BUSINESS, SERVICE
OR BABY SITTER LISTING

Includes:
Name, address & contact information,
Up to 2 lines of business description

	1/4 Page Ad \$60
	VERTICAL 4.75 in (h) X 3.5 in (w)
	HORIZONTAL 3.5 in (h) X 4.75 in (w)
1/8 Page Ad \$30	
HORIZONTAL 2.25 in (h) X 3.5 in (w)	
VERTICAL 3.5 in (h) X 2.25 in (w)	

Advertise on the Grovenor website for
\$10/month or \$100/year.

Grovenor Community League Membership Application

Adult 1: _____ Adult 2: _____

Address: _____

Email: _____ Phone: _____

Children/Dependents: _____

_____ Age: _____

_____ Age: _____

Thank you for becoming a registered member of Grovenor Community!
We would like to encourage you to become involved and share your skills.

Check if you would like to receive Grovenor Community emails

Benefits Include:

- Reduced rates on hall rentals
- Skating/hockey on great outdoor ice
- Community social event & program discounts
- 10 free swims per membership plus 10% discount on Edmonton Leisure Centre passes
- Sports Programs

Type of Membership

Family (children up to 17 yrs): \$25

Couple: \$25

Adult (18-64): \$15

Senior (65+): \$5

Senior Couple (65+): \$10

Number of Tags _____

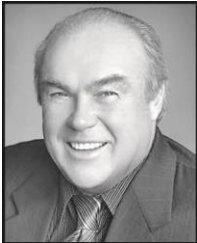
Cheques Payable to:

Grovenor Community League

14325 104 Ave Edmonton, AB T5N 0W9

Membership Contact:

Brian Los at membership@grovenor.ca



Keith Hare

www.kharehomes.com



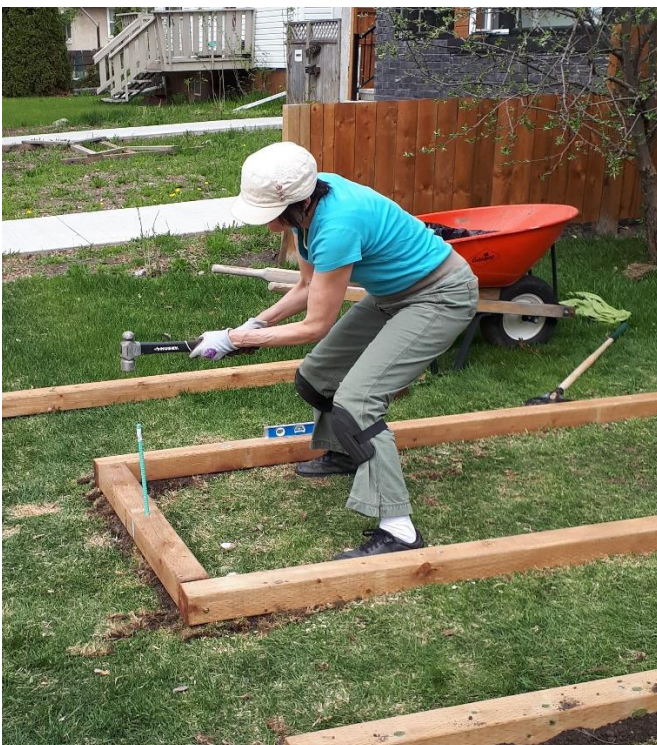
NORTH STaR ReaLTY
13202 118 Avenue
Edmonton AB T5L 4N4

bus: 780.455.0777

fax: 780.453.6060

res: 780.452.1450

email: keith_hare@hotmail.com



Our much-feared (and fearless) Secretary "takin' care of business"

BRAUN

DENTURE CLINIC LTD

"Providing All Denture Services
For Over 42 Years"

All Dental Plans Welcome

VISA / MASTERCARD

Direct Insurance Billing

Alberta Senior's Benefit

WHEELCHAIR ACCESSIBLE &
AMPLE FREE PARKING AT THE DOOR

Wolfgang Lingstadt
Denturist

780-489-8111

14824 - Stony Plain Road