



THE COMMUNITY OF Grovenor

NEWSLETTER "SUMMER" 2022

The Community of Grovenor began way back in 1907 when a solitary home was built on the north bank of the McKinnon Ravine. A colourful and storied history notwithstanding, it was not incorporated as a Community League until 1952. We are a quiet, family friendly neighbourhood with beautiful, tree lined boulevards. The community includes an award-winning school and an active community league. It is bordered by the beautiful McKinnon Ravine and the North Saskatchewan River trail system.

Greetings from your Vice Presidents:



We hope that everyone is staying safe and healthy.

Thanks to all of our hard working **Board members** and the many community volunteers who sacrifice their time and energy to organize and manage the many programs that make this such a great

community to live in!

The **Community Walking Group** program is currently being offered again in 2022 every Monday evening. Please refer to our website and social media for details.

The Community League once again held a successful planting event at the **Grow Forward Community Garden** on May 28 at Grovenor Park. Thanks to all of the community volunteers who helped make this event a success; and to Junetta Jamerson from Sustainable Food Edmonton for helping to facilitate this event and for supplying free seeds. More updates on the community garden to be provided on our website and social media in future.



Thanks to Kersh Naidoo for coordinating another successful annual **Big Bin event** for Grovenor on May 14. We filled two bins to help keep our community clean. Also a big thank you to all of the volunteers who helped with this event.

Our Program Director Cassidy Cooper organized another **Neighbourhood Clean-Up Event** in May with residents helping to clean up Grovenor Park and the nearby river valley trail. Thanks for all those participating to keep Grovenor clean!

Our **Civics** director, Jeff Havixbeck continues to provide ongoing input to the city regarding Infill related issues and other civic or development related matters.

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Grovenor on Social Media

www.grovenor.ca



[www.facebook.com/
GrovenorCommunityLeague](http://www.facebook.com/GrovenorCommunityLeague)



[@GrovenorYEG](https://twitter.com/GrovenorYEG)
[#Grovenor](https://twitter.com/Grovenor)

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Grovenor Community League recently held a very successful **casino event** at the **Yellowhead Casino** from April 1-2 in conjunction with AGLC. The funds resulting from the casino will be used in support of Grovenor community programs and facilities over the next two years. Thanks to Heather Bolli for offering to step up to coordinate this event and a huge thank you for all of the many volunteers who helped make this event such a successful fundraiser for the community.

Our board also continues to financially support the **Grovenor School Nutrition Program** throughout the year. We recently presented principal Charlene Roberge with another \$750 cheque for this worthy cause.

In addition, we recently presented **Grovenor School** with a \$1,000 cheque to help fund a pergola at the **new Outdoor Classroom** to be constructed at the school.

If you are interested in a role with the board, volunteering or just wish to listen in, our **Board of Directors' meetings** are held virtually on the first Tuesday of every month from 7:00 to 9:00 pm. We encourage you to attend any of these virtual meetings so that you can see and experience your community in action. Please refer to our website for access details. Please also consider volunteering for a **board vacancy** as outlined in this newsletter.

Go Oilers Go, and, Enjoy your Summer!

Yours, sincerely,
Gerry O'Donnell and Kersh Naidoo



SARAH HOFFMAN

Our constituency team is here to help residents with provincial government departments, programs, and services.

MLA for Edmonton-Glenora

201-4428-106 Ave. NW
Edmonton, AB

780-442-7979
Edmonton@edmontonassembly.ab.ca

Randy Boissonnault
Member of Parliament / Député
Edmonton Centre / Edmonton-Centre

Follow along on social media:

 @R.Boissonnault
 @R_Boissonnault
 @R_Boissonnault



MP Services

Tel: 780-442-1888 | Email: randy.boissonnault@parl.gc.ca

Navigating Federal Departments and Programs

Our office can assist you with Citizenship and Immigration, Canada Pension Plan, and various other federal departments and programs.

Congratulatory Messages

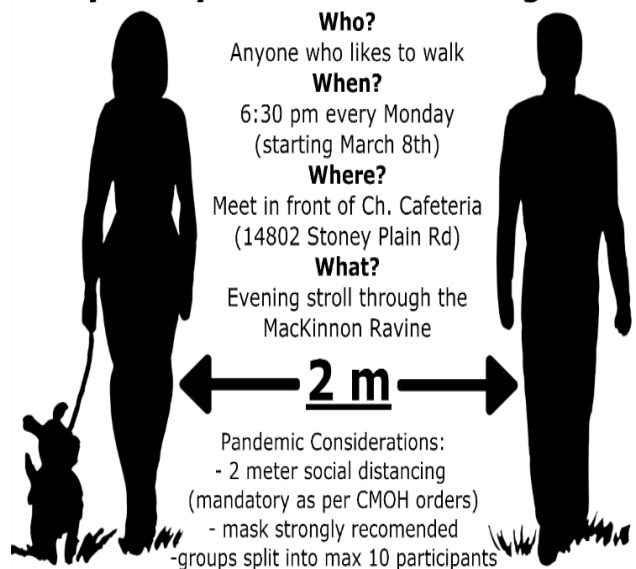
Our office can arrange for birthday and anniversary messages to be sent from the MP, Prime Minister, Governor General and the Queen.

Additional Services

We can provide schools and students with literature on Canada and Parliament, copies of bills, amendments, Hansard or other House of Commons publications.



Physically Distanced Walking Group



Who?
Anyone who likes to walk

When?
6:30 pm every Monday
(starting March 8th)

Where?
Meet in front of Ch. Cafeteria
(14802 Stoney Plain Rd)

What?
Evening stroll through the
MacKinnon Ravine

2 m

Pandemic Considerations:
- 2 meter social distancing
(mandatory as per CMOH orders)
- mask strongly recommended
- groups split into max 10 participants

For more info, please contact Michelle at
780 222 4431 or michelle@stpauls-anglican.ca

Volunteers Required to Fill Vacancies

Can you **PLEASE** help out with your Community League Board?

- President
- Facilities Director
- Communications Director
- Grow Forward Garden Coordinator

Details on the duties related to most of these positions can be found on our website www.grovenor.ca under: "Governance" – "About the Board"

If you are interested in volunteering for any of these positions, please contact either Gerry O'Donnell at vicepresident_1@grovenor.ca or Kersh Naidoo at vicepresident_2@grovenor.ca with any questions.

The Board will provide any required training and ongoing support for new board members.

Thank you!

**"Many hands makes for a lighter load"
"After all, it is *your* community"**

JUNE 2022 COMMUNITY LEAGUE BIKE CHALLENGE



**OUR LEAGUE WIDE
CHALLENGE IS BACK**

**RECORD YOUR
PROGRESS BETWEEN
JUNE 1-30 2022**

WHO WILL WIN?

JOIN OUR LEAGUE'S
STRAVA CLUB
"GROVENOR GRINDERS"

OR EMAIL YOUR
WEEKLY TOTALS*
KIDS COUNT TOO!

*MORE INFO, CONTACTS
AND QUESTIONS:
michelle.irene.goulet@gmail.com

GROVENOR COMMUNITY LEAGUE BOARD

EXECUTIVE COMMITTEE

PRESIDENT: Vacant 😞
president@grovenor.ca
VICE-PRESIDENT: Gerry O'Donnell
Vicepresident_1@grovenor.ca
VICE-PRESIDENT: Kersh Naidoo
Vicepresident_2@grovenor.ca
SECRETARY: Mariette Seed
secretary@grovenor.ca
TREASURER: Antoni Kowalczewski
treasurer@grovenor.ca

DIRECTORS

MEMBERSHIP: Michelle Kawulka
membership@grovenor.ca
SPORTS: Keaton
sports@grovenor.ca
FACILITIES: vacant 😞
facilities@grovenor.ca
RINK/REC CTR: Kyle Greer
rink@grovenor.ca
CIVICS: Jeff Havixbeck
civics@grovenor.ca
SOCIAL: Grace Salvo
social@grovenor.ca
NEWSLETTER: Bill Melenberg
newsletter@grovenor.ca
PROGRAMS: Cassidy Cooper
programs@grovenor.ca
NEIGHBOURHOOD WATCH:
Jaclyn
nwatch@grovenor.ca

COORDINATORS

SOCIAL MEDIA: Madelen Ortega
GROW FORWARD: vacant 😞
WEBSITE: Allan Bly
admin@grovenor.ca

MEMBERS AT LARGE:

Vince Bowen * Alex Labarda* Jenn Carter
* Allan Bly* Peggy Ward* Margie
Belanger

NEIGHBOURHOOD RESOURCE

COORDINATOR (City):
Darrell.Nordell@edmonton.ca

GROVENOR FALL FEST

SATURDAY SEPTEMBER 17, 2022

4:00pm – 9:00pm

Fall Fest 2022 will be bringing back the **food trucks, music, beer gardens (18+), games, and other fun stuff** for us to enjoy at the Grovenor Park. Come on by, catch up with friends and neighbours, meet new neighbours and partake in celebrating the Community of Grovenor!

This event won't happen without the help of volunteers. Please consider supporting this event and reach out to any one of the Community League Board Members to discuss how you can help make this event a success.

At this time, the Community League would also like to convey that we are **seeking donations for door prizes** for our event from local businesses and residents. If you are interested in contributing, please email us at the address below. **All donations/prizes will be recognized** at the event, in our newsletter and on our website.

This will be an outdoor event so please come prepared for the weather.

Subject to cancellation in the event of inclement weather.

If you would like to volunteer to help out for this event, please contact:

vicepresident_2@grovenor.ca



Summer Classes
from July 5 - August 18

WEST LOCATION

Orange Hub
10045 156 Street, Studio #262

Elite Dance Studio

Tuesdays
5:00 Creative Movement 3-5yr
5:45 Ballet 6-8yr
6:35 Hip Hop 6-9yr
7:35 Adult Heels

Wednesdays
5:30 Hip Hop 10-15yr
6:30 Adult Hip Hop

Thursdays
5:30p Latin/Ballroom Beginner 6-8yr
6:20 Latin/Ballroom Beginner 9-14yr
7:20 Adult Beginner Social Dance

www.elitedancestudio.net



Hello Grovenor Community!

As we approach the end of this school year, we are excitedly planning for year end events as well as looking forward to all the possibilities for the fall. What a wonderful time to be a part of school life!

Events and Information:

- Grovenor School will be hosting a **mini Pow Wow on June 10th from 12 - 3pm**. All community members are invited! Location: Grovenor Community Hall in the Rink area.
- We are still accepting **Kindergarten registrations**:
<https://www.epsb.ca/schools/register/kindergartenregistration/>
- **Skip the Depot Fundraiser** continues. To participate:
 1. Download the app and book a pickup using <https://app.skipthedepot.com/grovenorschool>
 2. Place your bags outside
 3. Receive a refund or donate to us!

Thank you to everyone for your support in helping students reach their potential as learners and citizens in this wonderful learning community. We wish you a healthy and happy summer!

**Yours in partnership,
Ms. Roberge**

GROVENOR SCHOOL COUNCIL

The 2021/2022 school year was a success for the Grovenor School Council! We **contributed to school activities** that enhanced learning when COVID restrictions were in place, like covering the costs for virtual field trips, and buying more musical instruments. Once restrictions were lifted, many normal school activities started up again. We were able to help cover the costs for **out-of-school field trips** (which students were very excited about!) and special events like the **Grade 6 graduation celebration** and the year-end picnic for students and families.

Fundraising is an important component of the School Council's work. We're deeply grateful to all Grovenor families and community members who generously supported our fundraising efforts throughout the school year, like the **meat sale** and **spell-a-thon**, and our **ongoing Skip the Depot bottle donation program**. Please keep those bottles coming!

Speaking of fundraising, the School Council is looking for a new **Casino Coordinator!** This person organizes Grovenor School's AGLC casino, which usually happens every two years. **Please consider volunteering for this important role.** The next school casino is coming up soon! When the time comes, we know we'll be able to count on Grovenor families and community members like you to volunteer for a casino shift and support this important event.

We look forward to seeing you at our upcoming AGM in September and our monthly School Council meetings. Have a great summer!"

Morine Rossi, President



Green Shack
Program



Edmonton

FREE DROP-IN



GREEN SHACK PROGRAM



Each day of the week you will get active and experience a variety of crafts, games, sports, and free play!

This program is targeted for **children aged 6-12**, but all children accompanied by an adult are welcome to attend.

Grovenor

14325-104 Ave
10:30 am - 1:30pm, Monday - Friday
July 4 - August 25



The City of Edmonton would like to acknowledge that our programs respectfully take place on Treaty 6 Territory, and Metis Nation Region 4.

Get in touch with us:

Email: greenshack@edmonton.ca

For more information, call 311 or visit:

edmonton.ca/Greenshacks



EDMONTON NEIGHBOURHOOD WATCH

The Importance of Reporting Crime What crime is worth reporting? **All crime.**

No matter how big or small, all crime affects our community. In order to help Police allocate resources they need to be informed of where these events are happening. The Edmonton Police Service has a dedicated department of Crime Analysts who, on a daily basis, monitor reported crime and analyze it for trends. When crime trends are seen, the information is sent to Police on the streets who can increase their presence in these areas.

How can I report a crime? There are many ways you can report a crime.

- If a crime is actively happening call 911 immediately.
- Attend a divisional station
- Call the Police Dispatch line at 780-423-4567
- Online at edmontonpolice.ca
- Through the EPS App
- Anonymously through Crime Stoppers at 1-800-222-8477

The Edmonton Police Service has a **new Community Safety Data Portal** that is available for public viewing. The new interactive platform **shows all calls for service and occurrences in the city during the last 90 days**. The hope is to encourage the public to take an active role in crime prevention.

The map can be found at: communitysafetyportal.edmontonpolice.ca.

If you have any questions or have concerns, please email Nwatch@grovenor.ca to Jaclyn, Director of Neighborhood Watch for Grovenor

THANK YOU CARRIERS!!



A long-overdue word of thanks is in order to the cadre of carriers that bring you this newsletter rain, snow or shine, in winter, spring, summer and fall. Some have been doing it for years (dare I say decades) and others are more recent arrivals. Your time and effort is greatly appreciated:

Christopher Spencer &/Karen Unland * Gerry & Kathy O'Donnell * Nicole Marshall * Brian Los * Alex Labarda & Dianna Cortez * Rosa Ficko * Gail Kudelik * Chris & Peggy Ward * Mary Michailides * Vince Bowen * Kimberley & Henry Howard * Alexis Young * Tracy Bourque * Diane Gibson * Denise Melenberg. **Thank you all!**



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Spring in Grovenor

Wandering through Grovenor has been very interesting for the past couple of summers since I moved to Edmonton. The yards are all lovely, with healthy lawns, flower gardens, and even rock gardens under the large evergreen trees. It's so pleasant to see the changes in peoples' yards as the seasons switch from the snow-covered lawns, with the sparkling lights from the Christmas decorations in the winter, to the brown of early spring

Slowly, the colours start to come. The lawns start turning green, there are buds and leaves coming out on the trees, and the flowers of spring start to show themselves. There are more and more vegetables showing themselves in the yards. What started through the lockdowns of the pandemic, has now gained momentum amidst the increased cost of groceries in this recession.

Whether it is vegetables popping into the beds that were previously filled with flowers, or brand new gardens, and raised beds with the intention of filling them with lovely fresh vegetables. There are vegetables coming up everywhere in the neighbourhood.

We will be are enjoying our lovely organic, home-grown fruits, berries and vegetables throughout the summer, and our preserves in the fall and winter.

Here is a recipe for fresh salsa to use with your veggies as they ripen throughout the summer.

Fresh Salsa

3 Large Tomatoes, seeded and chopped (3 cups)

1 small green pepper, chopped (1/2 cup)

8 medium green onions, chopped (1/2 cup)

3 cloves garlic, finely chopped

2 tbsp chopped fresh cilantro

1 tbsp finely chopped seeded jalapeno pepper (or to taste)

2 to 3 tbsp lime juice

½ tsp salt

- 1.** In medium glass or plastic bowl, mix all ingredients
- 2.** Cover and refrigerate at least 1 hour to blend flavours, but no longer than 1 week.

Margie Belanger



SAVE THE DATE
Older, Bolder Better!TM
June 9th
9:30 a.m. - 2:00 p.m.
Westend Seniors Activity Centre
9629 176 Street 780 483 1209

Guest Speakers

Entertainment



Photo Booth

Vendors Market



Door Prizes

50/50 Raffle

...and more!





Jazzercise is the original dance party workout. Our program fuses dance cardio and strength training into one heart-pounding sweat session.

Grovenor residents
Try 1 week free

Mondays, Wednesdays & Fridays at 9:30 am

Mondays & Wednesdays at 7:30 pm

Tuesdays at 5:30 pm

**Grovenor Community Hall (14325-104 Ave)
or Live-stream**

For more info call 780-970-3650 or email jazzercise.christine@gmail.com
[facebook.com/JazzerciseEdmontonGrovenorCommunityHall](https://www.facebook.com/JazzerciseEdmontonGrovenorCommunityHall)

www.jazzercise.com



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**Mon-Thu: 9 AM–10 PM; Fri & Sat: 9 AM–11 PM;
Sun: 9 AM–10 PM**

"Serving & Supporting the Grovenor Community"



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GROW FORWARD SPRING PLANTING

A BIG SHOUT OUT AND THANK YOU to the volunteers that helped out on May 28 with our Community Gardens: Margie Belanger, Kathy Hewitt, Angela Seery, Simran Tungal, Dillon Marshall, Lilly Cooper, and Darius. A special thank you to **Junetta Jamerson** from **Sustainable Food Edmonton** for helping to facilitate this event and for supplying free seeds. We all look forward to a bountiful harvest.

Grovenor Businesses and Services

HEALTH & WELLNESS

-Massage : Leanne Konkin
Member MTAA/ By Appt Only
10330 - 144 Street * 780.903.9633
www.leannekonkin.ca

-Jazzercise: Christine Worthing
780-970-3650
Jazzercise.christine@gmail.com

-Soul Strength Yoga & Fitness Inc.
Personal & Small Group
14528-Stony Plain Rd.
Info@soulstrength.ca
Melany James

-Mindfulness/Emotional Literacy Programs & Training
www.consciouslivingsolutions.com
Lise Villeneuve

-Lactation Consultant and Postpartum Care
Megan Schafers, RN, IBCLC
www.meganschafers-lc.com
20% off Home Visits for Grovenor

-Craniosacral Therapy
Manuela Hofer
780-270-4265
SomaticIntelligence.ca

-CHURCHES

-St. Paul's Anglican Church
145 St. & Stony Plain Road
780.455.0771
stpauls-anglican.ca

-Westgrove Gospel Chapel
10374 - 147 Street
780.455.1161

DESIGN/CONSTRUCTION

-GDecko
Decks/Fences/Railings/Gazebo/Pergolas/Planters/Gates
780-680-2327
gdecko@gmail.com

-TreeLink Arboriculture Ltd.
Tree Planting | Tree Pruning | Site and Soil Analysis 780.238.5650
alex@treelink.ca
www.treelink.ca

KIDS' PROGRAMS

-Little Angels Day Care
@ St Paul's Anglican Church
780.465.6520

-Yo Yoga: Yoga4Young Ones
Mom & Baby / Lil' Yogis / Kids
yoyoga.ca 587.599.8287

-Tutoring: Orton-Gillingham based
Reading and Spelling Instruction.
More info, visit:
www.edmontondyslexiatutor.com

MUSIC

-Piano Lessons:
Sandra Marcus
10639-145 Street
creativekeys99@gmail.com
780-271-9904
simplymusicpiano.com

PET SITTING

-Emma's Pet Care
780.238.4115

REAL ESTATE

-Keith Hare – Century 21 EVOLVE (see ad pg. 12)
780.718.9474 / 780.455.0777
www.kharehomes.com

FINANCE / ORGANIZE

-Christopher Long
RBC Mortgage Specialist
780-292-4316
Christopher.Long@rbc.com

-Harmony Organization
Home & Office organization
heather@harmonyorganization.ca
780-238-4764
www.harmonyorganization.com

HOME/YARD MAINTENANCE

- Shovelling/Raking Services
Grovenor Neighbourhood
\$5 and up depending on the job
Will supply own equipment
William: 780-984-0328

Community Baby-Sitters

Abby: 780.660.5043
Sydney : 780.977.3976
Morgan: 780.977.5832
Soraya: 587.501.6763
Valerie: 825.440.6249

* Must 12 years of age or older.
*A baby sitting course is an asset and is required by some parents. Obtain your parent's/guardian's consent to have your name listed.
*Grovenor Community League, Grovenor Newsletter nor any representative thereof will be held responsible for verifying baby sitter qualifications or responsibilities.

Advertise in the GROVENOR NEWSLETTER

FREE BUSINESS, SERVICE
OR BABY SITTER LISTING

Includes:
Name, address & contact information,
Up to 2 lines of business description

1/4 Page Ad \$60

VERTICAL
4.75 in (h) X 3.5 in (w)

HORIZONTAL
3.5 in (h) X 4.75 in (w)

1/8 Page Ad \$30

HORIZONTAL
2.25 in (h) X 3.5 in (w)

VERTICAL
3.5 in (h) X 2.25 in (w)

Advertise on the Grovenor website for
\$10/month or \$100/year.

**“FREE KNIFE AND SCISSOR
SHARPENING FOR
GROVENOR RESIDENTS.”**
CALL JIM W. AT 780-455-0206
FOR ARRANGEMENTS/APPT.



Grovenor Community League Membership Application

Adult 1: _____ Adult 2: _____

Address: _____

Email: _____ Phone: _____

Children/Dependents: _____

_____ Age: _____

_____ Age: _____

Thank you for becoming a registered member of Grovenor Community!

We would like to encourage you to become involved and share your skills.

Check if you would like to receive Grovenor Community emails

Type of Membership

Family (children up to 17 yrs): \$25

Couple: \$25

Adult (18-64): \$15

Senior (65+): \$5

Senior Couple (65+): \$10

Number of Tags _____

Cheques Payable to:

Grovenor Community League

14325 104 Ave Edmonton, AB T5N 0W9

Membership Contact:

Michelle Kawulka

membership@grovenor.ca

Benefits Include:

- Reduced rates on hall rentals
- Skating/hockey on great outdoor ice
- Community social event & program discounts
- 10 free swims per membership plus 10% discount on Edmonton Leisure Centre passes
- Sports Programs

	CENTURY 21. Evolve	keith_hare@hotmail.com 130, 14315 - 118 Ave NW Edmonton, Alberta T5L 4S6 keith-hare.c21.ca www.kharehomes.com	
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